The prevalence of obesity in children and adolescence in the Udmurt Republic
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**Background:** Obesity is an increasing problem among children and adolescents in recent decades however official statistics are contradictory.

**Objective and hypotheses:** The purpose of this epidemiological study was to determine the prevalence of obesity in children and adolescents in the Udmurt Republic – the region in European part of the Russian Federation with a child population of 300 thousand people.

**Method:** According to the experiment 5732 children 1 – 17 years (boys – 2845, girls – 2887), among them the inhabitants of the cities – 1090, rural inhabitants – 4642, were examined. Diagnostic criteria of obesity in children is recommended by the World Health Organisation were used.

**Results:**

**Conclusion:** The results motivate pediatricians to devote more time to the problem of obesity.