

# Proton therapy as a promising therapeutic option for children with aggressive and uncontrolled pituitary macro adenoma: case report

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Nothing to disclose

## Background

Non functioning pituitary macro adenoma is rare during childhood. Therapeutic options are reduced to surgery and radiotherapy. Proton therapy is a particle therapy that uses a beam of protons to irradiate the tissue with the chief advantage that as a charged particle the dose is deposited over a narrow range and there is minimal exit dose.

### Objective and hypotheses

Proton therapy is largely used in France for paediatric craniopharyngiomas irradiation and more recently for some adult pituitary adenomas. Proton therapy could be a good therapeutic option for benign tumor as pituitary adenoma in young child to reduce side effects observed usually with conventional radiotherapy

### Method

We report a 10 years old boy with invasive and aggressive non-functioning pituitary adenoma treated by surgery and proton therapy with more 24 months follow up

## Clinical case

Aurélien is a 10 years boy with no significant familial or personal history.

He was referred for a sudden lost of visual acuity and bilateral hemianopsia. Recent decrease in growth velocity was observed but normal clinical examination (P1G1).

➤ Brain MRI showed a voluminous (3.5 cm) intra and supra sellar tumor with right cavernous sinus invasion and chiasma compression.

➤ GH and TSH deficiency were documented by endocrine testing while blood prolactin, FSH, LH,  $\alpha$ subunit levels were normal. The search for gene mutations were negative for AIP, NEM1 and GNAS genes.

➤ Neurosurgeon performed partial resection first with complete visual recovery. No diabetes insipidus

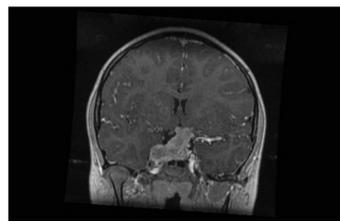


Fig 1: MRI, T1, before surgery

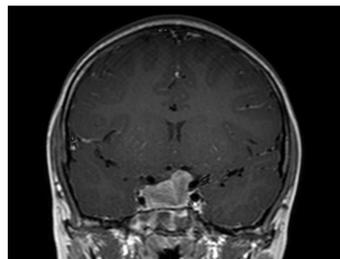


Fig 2: MRI, T1, 3 months after first surgery

➤ Histopathology studies confirmed: **Aggressive pituitary adenoma** with focal immunolabelling for FSH and  $\alpha$ subunit(40%), PRL<3%; P53: 3% and MIB1: 6%

➤ **9 months after first surgery**, visual defect recurrence was observed with lesion increase on MRI.

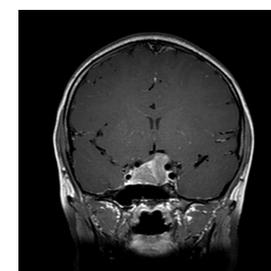
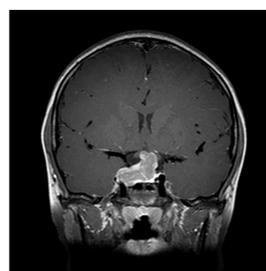


Fig 3 & 4: MRI, T1, before second neurosurgery

➤ Second surgery was performed with complete visual recovery and same histopathology criteria than at first.

➤ Radiotherapy was then decided : because of the young patient age and our experience for craniopharyngioma irradiation , we proposed **proton therapy performed during 6 weeks** (Centre de Protonthérapie, Institut Curie, Orsay, France) **with 54 Gy**

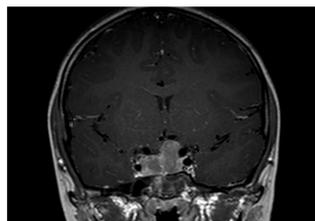


Fig 5: After second surgery and before protontherapy

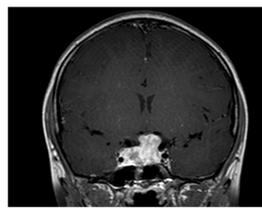


Fig 6: 3 months after the end of irradiation

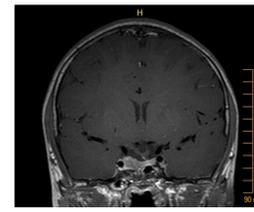


Fig 7: 27 months after protontherapy

➤ From the end of treatment, as long as 27 months, we didn't observe progression on tumour size on MRI with complete visual rescue and no additional endocrine deficit.

➤ GH treatment was initiated after 1 year following with excellent catch-up growth.

**Conclusion:** We report the rare case of a young boy with aggressive non-functioning pituitary adenoma. Proton therapy seems a good option in replacement to conventional radiotherapy to treat it especially for children .However long- term outcome is necessary

