LYMPOSOMAL ACID LIPASE DEFICIT IN PATIENTS WITH HYPERCHOLESTEROLEMIA



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INTRODUCTION:

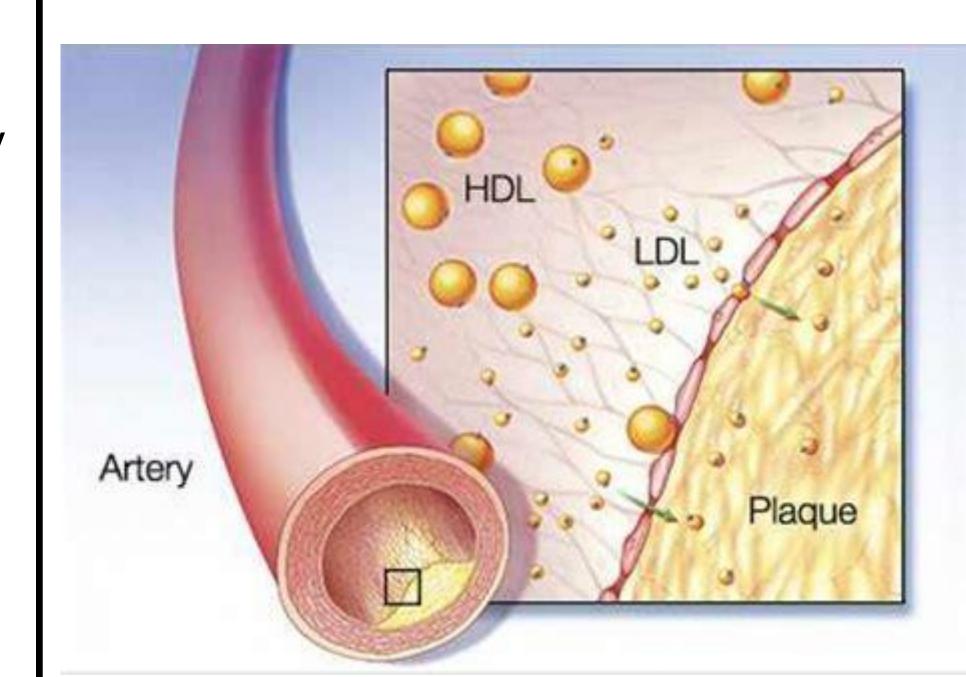
The deficit of lysosomal acid lipase (LAL) is an infrequent (1: 40,000-300,000 prevalence), autosomal recessive, monogenic pathology. It can aggressively (Wolman's disease): malabsorption and severe dyslipidemia with survival less than one year of life. The cholesterol ester storage disease (CESD) presents with dyslipidemia, liver disease and early cardiovascular disease.

METHODS & MATERIAL:

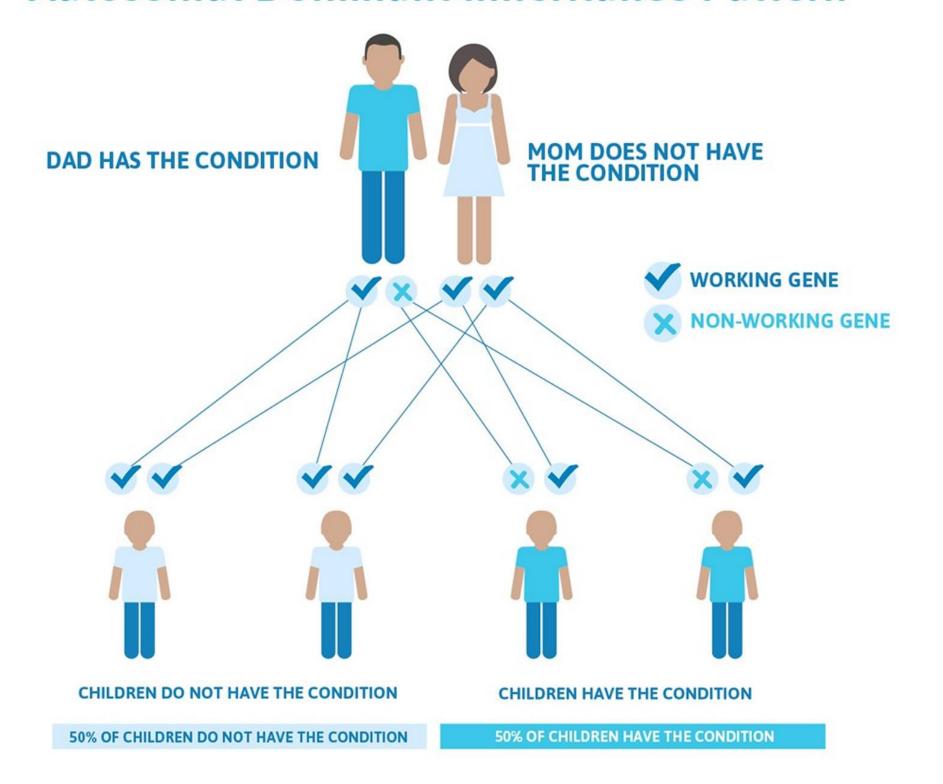
Descriptive study of the prevalence of LAL deficiency and carriers in a subsample of patients with hypercholesterolemia. Comparison with data already published

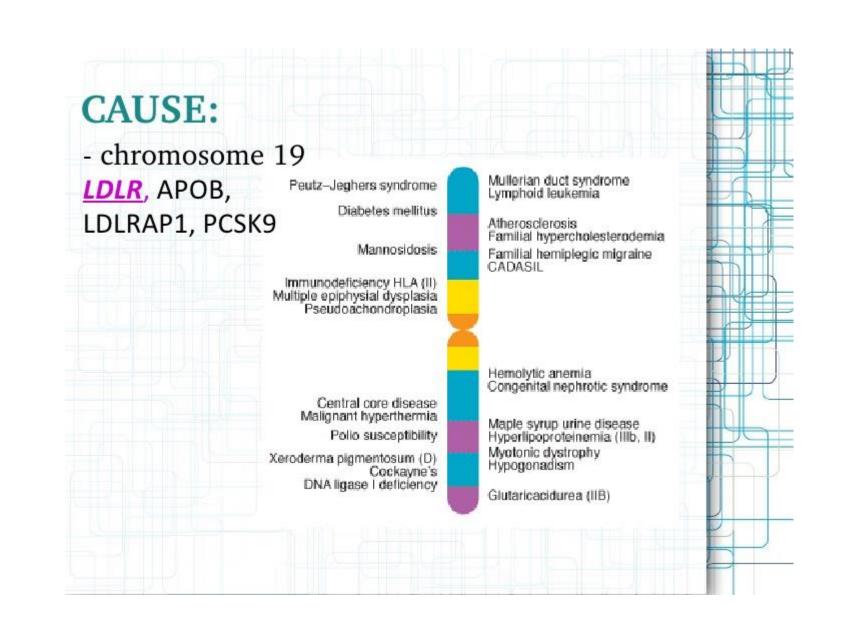
Of 42 patients monitored in the clinic for suspected familial hypercholesterolemia but a genetic study for negative HFC, 12 patients with persistent dyslipidemia were selected despite strict dietary measures. A sample of dried blood was collected in which the enzyme activity was analyzed, with prior informed consent. Reference values were considered for LAL 0.61 -2.79 nmol / punch / h. For LAL activity values with values close to the minimum of the range in the reference population, the genetic variant c.894G> A (p.delS275_Q298) ["Exon 8 Splice Junction Mutation", E8SJM] was studied,

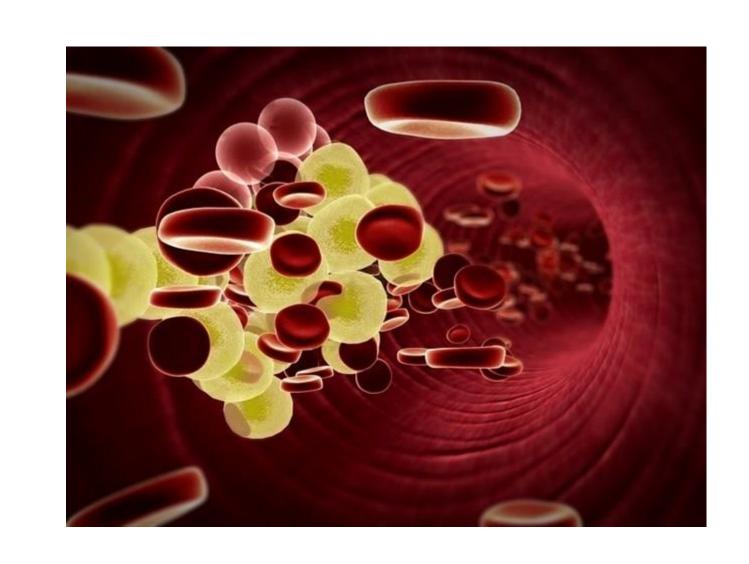
We analyzed: age, sex, time since diagnosis, BMI, nutritional status, total cholesterol, HDL-cholesterol, triglycerides, treatment with statins / resins; family history of obesity, dyslipidemia and cardiovascular disease early. Data processing with SPSS-19.0



Autosomal Dominant Inheritance Pattern







Step 1 Patient with severe familial Maintain treatment hypercholesterolaemia Minimum LDL cholesterol High-intensity statin therapy reduction ≥50% or at ideal LDL (atorvastatin or rosuvastatin) cholesterol goal at maximum tolerated dose plus ezetimibe LDL cholesterol not at ideal goal or <50% reduction Step 2 Step 3 Triple-drug therapy LDL cholesterol Consider four-drug therapy Add PCSK9 inhibitor still not at Add lomitapide or mipomersen (approved ideal goal (bile acid sequestrants, or for homozygous familial niacin optional depending hypercholesterolaemia in some countries), on availability, toxic effects, or lipoprotein apheresis, or liver and costs) transplantation (in homozygous familial hypercholesterolaemia)

RESULTS:

We studied 10 patients, 60% males, average age at diagnosis 8 ± 2.5 years, mean time from diagnosis 4.5 ± 1.2 years. Mean BMI 20.2 ± 3.1 Kg / m2, overweight 20%, obesity 10%. Average values of: total cholesterol 225 ± 29 mg / dl, HDL-cholesterol 50 ± 18 mg / dl, LDL-cholesterol 161 ± 27 mg / dl, triglycerides 101 ± 72 mg / dl. Hepatic echo 2/10 mild steatosis Statin treatment: 20%, 30% ezetrol, 50% resins. Family history of: obesity 2/10, dyslipidemia 7/10 and early cardiovascular disease in the father of 1 patient Mean values of: LAL 1.32 ± 0.58 nmol / punch / h and enzymatic activity $98.1 \pm 52\%$. Values close to the minimum range in 2 patients, both with normal E8SJM and 1 below with genetic heterozygosis mutation

CONCLUSIONS:

LAL deficiency is an infrequent entity, detecting a carrier (10%)

LAL deficit screening may be beneficial in patients with diliphemia not affiliated

The data coincide with other nearby Spanish region (Navarra)









