

# AN UNUSUAL CAUSE OF NEONATAL HYPERGLYCEMIA – CASE REPORT

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## INTRODUCTION

Hyperglycemia is a common event in neonates, frequently associated with specific clinical conditions (sepsis, drugs or intravenous fluids) other than neonatal diabetes. Unusual endocrinometabolic syndromes must be considered whenever initial studies are inconclusive.

## CASE REPORT

### NEWBORN NICU ADMISSION

- Low birth weight
- Hypotonia
- Feeding difficulties

### PRENATAL HISTORY

Healthy parents  
IG IP 37WG Late IUGR  
Oligoamnios / Fluxometric changes  
Maternal hypertension (35 W) and autoimmune thyroiditis

### BIRTH

Eutocic delivery Apgar 8/10  
W: 1710 g (<<10) H: 43 cm (<<P10)  
HC: 29 cm (<<10)

### DAY 11

Tachycardia  
**Hyperglycemia**  
**180 - 349 mg/dL**  
CBC, venous blood gas  
Blood cultures  
Ketonemia/Ketonuria

Negative

Enteric pause  
IV fluids (glucose 5mg/Kg/min)  
**Insuline therapy** for 24 hours

### DAY 28

Tachycardia  
Progressive hypotonia  
**Hyperglycemia**  
**200 mg/dL**  
**Hypertrygliceridemia**  
**3549mg/dL**

Enteric pause (< 24h)  
Very low lipid formula  
Diet supplementation with soy  
and corn oils (gradually added)

### DAY 34

Discharged home  
TG levels - 175mg/dL  
Net weight increase  
20g/day

### Exclusion of main causes of primary hypertrygliceridemia:

- Apo A1, B48, CI and CII: normal
- LPL, APOC-II, APOAV, GPIHBP1 and LMF1 genes: no pathogenic mutations

## FOLLOW UP

- Lipodystrophic phenotype gradually developed
- Insulin levels persistently elevated (no hyperglycemia)
- Hepatomegaly and steatohepatitis
- TG 400-800mg/dl



BSCL2 gene sequenced: Compound Heterozygous (c.399C>A (p.Tyr133\*) and c.604C>T (p.Arg202\*))

### BERARDINELLI-SEIP SYNDROME



### At 15 months

Borderline inferior psychomotor development  
Breatst button without precocious puberty and neck *acanthosis nigricans*  
Normal growth velocity, and concordant skeletal age  
Concentric hypertrophic cardiomyopathy (IV septum 9mm)  
Under diet with 11% lipid, 15% protein and 74% carbohydrates + IcPUFAs

## DISCUSSION

The authors present a case of Berardinelli – Seip Syndrome (Congenital generalized lipodystrophy type 2) as the primary cause of neonatal insulin resistance and hyperglycemia. This syndrome is characterized by the absence of functional adipocytes with storage of lipids in muscle and liver and consequent hepatomegaly, steatosis, and skeletal muscle hypertrophy. Besides early insulin resistance, other endocrine manifestations that should be regularly surveilled include diabetes mellitus of difficult control, hirsutism, and precocious puberty.

## REFERENCES

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