Severe short stature, Growth Hormone (GH) Deficiency, Hypospadias, and Microcephaly: New Insights into the Role of Chromosome 4 Long Arm Duplication

Basma Haris, Sara Al-Khawaga, Reem Hasnah, Saras Saraswathi, Shihab Mundekkadan, Faiyaz Khan, Amira Saeed, Sanaa Sharari, Idris Mohammad, Khalid Hussain

Department of Pediatric Medicine, Division of Endocrinology, Sidra Medicine, Doha, Qatar.
E-mail: khussain@sidra.org

Introduction

Duplication of the long arm of chromosome 4 has been described in more than 60 patients. [1] The severity and specificity of associated symptoms depend on the size and location of the duplication, and which genes are involved. Reported features include developmental delay, intellectual disability, birth defects, hypotelorism, growth retardation, microcephaly, abnormal ears, pointed chin, broad chest, short neck, thin upper lips. [2] Larger proximal duplications may be associated with heart or kidney problems. Most cases are inherited from an unaffected parent with a chromosome rearrangement called a balanced translocation.

Case Report

We describe a case of a two-year-old boy, born at 36 weeks of gestation. The patient was found to have the following: poor weight gain, short stature (<3 SDS) microcephaly, hypospadias, and horseshoe shaped kidneys. Biochemical evaluation revealed low level of growth hormone after stimulation test 1.45 mcg/L (reference >8 mcg/l) and normal cortisol and thyroid hormone levels. His head circumference was 43.9 cm (<3rd percentile) with normal CT head. Developmentally, he met the milestones of gross and fine motor activities and normal eye contact, with delayed speech. Urinary tract ultrasound showed horseshoe shaped kidneys.

Methods

Genome wide oligonucleotide array-based comparative genomic hybridization (aCGH) analysis was performed with use of human genome CGH Microarray kit 44B (CGH) Technologies). Chromosomal analysis was done to confirm abnormal aCGH findings.

Results

- aCGH analysis - gain of approximately 38 MB in the long arm of chromosome 4 extending from cytogenetic band q28 and q32.
- G banding chromosome analysis of 11 metaphase cells from a peripheral blood sample revealed a duplication in the long arm of chromosome 4 at band q28.1 and q32.3.
- Several genes, MMAA (coding for methylmalonic aciduria), FGF2 (coding for fibroblast growth factor 2), NUDT6 (FGF2 antises gene), NR3C2 (involved in mineralocorticoid regulation), and SFRP2 (Wnt signaling pathway) are within the duplicated region observed in the patient.
- FGF2 is involved in limb development, angiogenesis, migration, and differentiation of neuronal cells. Overexpression of FGF2 isoforms in mice results in phenotypic changes, including dwarfism, rickets, hypophosphatemia. [3]

Conclusion

- Our patient carries a duplication of chromosome 4 with a cytogenetic band q28 and q32.
- The patient exhibited features related to growth hormone deficiency, short stature hypospadias, horseshoe kidney, and microcephaly.
- The duplicated region has at least 84 known genes taking part in important cellular functions and embryonic development.
- Considering the size and number of genes involved, this imbalance is believed to be causally related to the phenotype seen.
- Our patient expands the spectrum of phenotypes associated with chromosome 4 long arm duplication and further work is on-going to understand the phenotypic features in this patient.

References