EVALUATION OF BOLUSES DELIVERED BY INSULIN PUMP IN TYPE1 DIABETES MELLITUS PEDIATRIC PATIENTS



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BACKGROUND

Insulin pump (IP) is very popular and efficient mean for T1DM treatment in pediatric population. Delivery of basal insulin is automatically regulated by 24 hour basal set up. But, boluses must be delivered manually in meal time and their number and type are different. Table 1 Distribution of mean HbA1C according boluses' number inpatients on insulin pump treatment

HbA1c (%)						
	N	Х	S	Sx	Min	Max
1-3 boluses	7	11,057	2,1493	,8124	8,2	14,2
4-7 boluses	27	8,585	1,3040	,2510	6,1	12,3
8-10 boluses	5	7,620	1,0060	,4499	6,2	8,7
>10 boluses	2	8,600	1,6971	1,2000	7,4	9,8
TOTAL	41	8,890	1,7498	,2733	6,1	14,2

AIMS AND OBJECTIVES

To evaluate number and type of boluses in T1DM children with IP treatment and to correlate them with clinical features of the patients and metabolic control of their T1DM.

METHODS

T1DM patients from Pediatric Clinic in Sarajevo with insulin pump treatment were participants in this study. We used two consecutive download data and data from corresponding two controls.

RESULTS

We analyse data from 41 patients (M24/F17), mean age 13,5 years, 15 prepubertal/26 pubertal, mean diabetes duration 7,1± 2,4 years, mean HbA1c 8,9±1,3%., delivered mean 5,4±1,65 boluses daily. Lowest HbA1c (7,6± 1,0%) was in patients delivered 8-10 boluses daily, and the worst HbA1c (11,1±2,1%) was in patients with 1-3 boluses daily. NS difference was between bolus number (5,6/5,3) in prepubertal and pubertal patients. Only 12 patients (29%) used Bolus Wizard (BW) calculation in everyday pump use, and they had significantly lower HbA1c than non BW users (8,22/8,99%, p < 0,05). Patients who delivered more insulin of total daily insulin intake in bolus form had significantly lower HbA1c level (p<0,05). There was no significant difference in correlation of number of delivered boluses and diabetes duration, and with duration of insulin pump treatment.



Graph 1. Distribution of mean daily insulin dose (U/kg/24h) according bolus number in patients with insulin pump treatment.



Picture 1, 2 and 3. Bolus patterns in different patients



Graph 2. Correlation of mean daily insulin dose inzulina U/kg/24h i and quantity of total bolus intake (percents) in patients on insulin pump treatment

CONCLUSIONS

LITERATURE

Frequent downloading and analysing data from IP memory especially bolus delivery evaluation are very important for better regulation of T1DM in pediatric patients with IP treatment.

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