

Severe Neonatal Cushing Syndrome with multi-organ Mc Cune Albright manifestations

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BACKGROUND

Reports of Cushing syndrome during the first month of life are rare; Mortality is high, despite medical (metopyrone) or surgical (adrenalectomy) treatment.

OBJECTIVE: To report a new neonatal case of Cushing due to Mc Cune Albright syndrome (MAS)



Figure 1 : Clinical Manifestations

Table 1 : Biologicals parameters at diagnosis

Calcémie	3,55
Phosphore	0,77
Mg	0,55
Glycémie	11,5
Lactates	3,4
ASAT	45
ALAT	68
Bilirubine	127
GGT	258
TA (mmhg)	140/78
FC (/min)	143

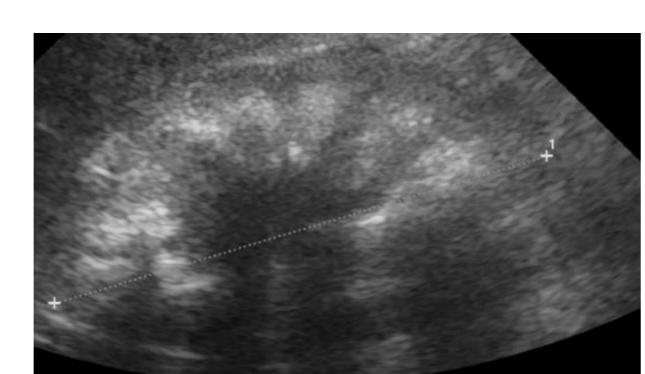


Figure 2 : Nephrocalcinosis

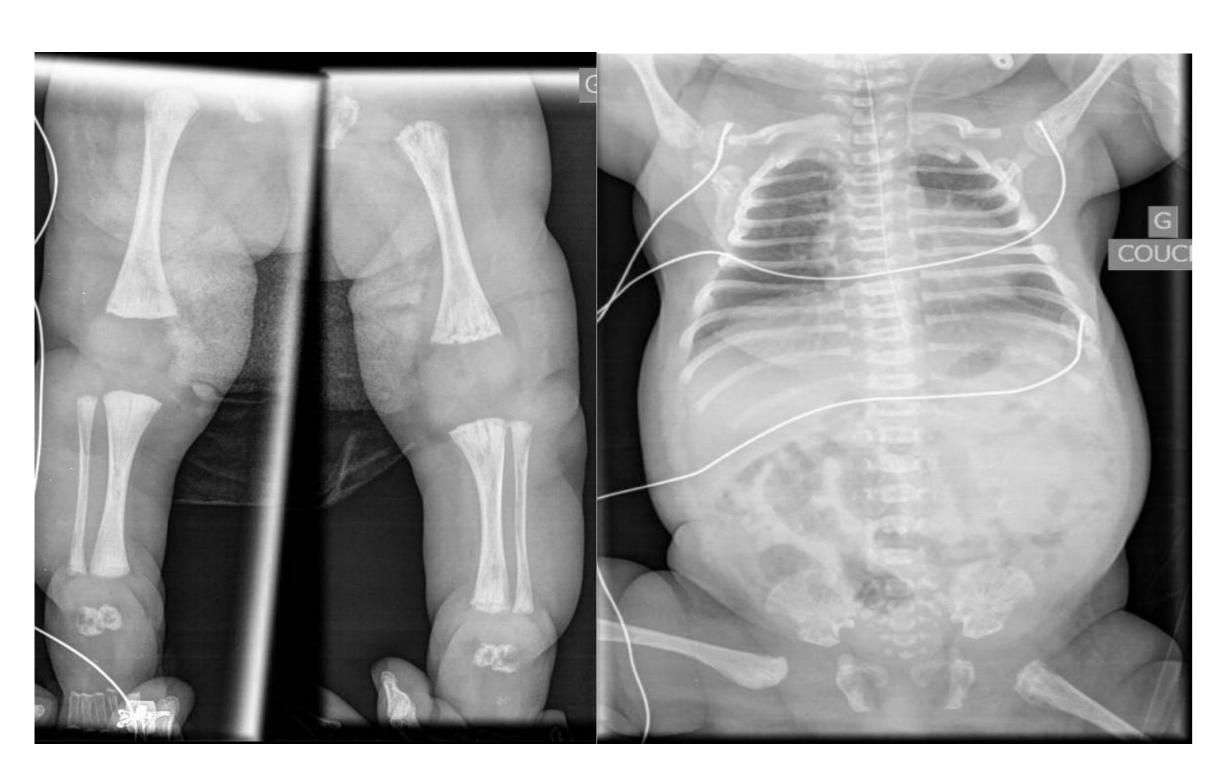


Figure 3 : Bone disostosis

Figure 4: Bilateral Adrenalectomy



Although a healthy baby at age 10 days, a new born girl presented with sudden manifestations within the following 2 weeks: facial truncal plethora (Figure 1), severe hypertension, cardiomyopathy with ventricular hypertrophy, hyperglycemia, elevated transaminases, majorhypercalcemia with hypercalciuria (Table 1) and nephrocalcinosis (Figure 2), bone dysostosis (left femur, forearms) (Figure 3), and large bilateral adrenal hyperplasia.

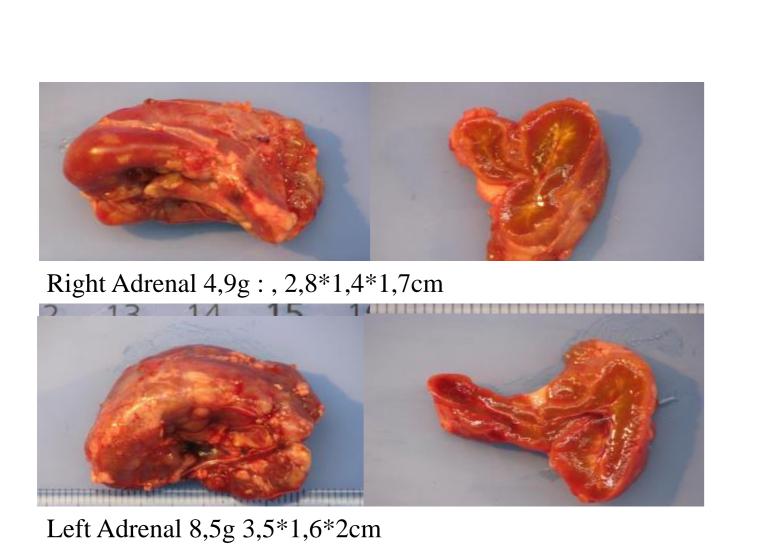
Laboratory data confirmed adrenocorticotropic hormone-independant Cushing's syndrome with plasma cortisol 975 ng/ml.

The baby girl underwent bilateral adrenalectomy at 40 days (Figure 4).

Medical treatment included glargine insuline (3-4 units/d) and propanolol (40mg/d), which allowed the control of hyperglycemia, hypercalcemia (Figure 5), hypertension and cardiomyopathy. The baby received 10mg/d hydrocortisone, 50ug/d fludrocortisone and 1g/d ClNa.

Transaminases normalized, while gamma-GT remained > 1000. Mild hyperthyroidism (T3L : 7,5 pmol/l) (treated with 5mg/d carmibazole), failure to thrive, large-cafe-au-lait spots appeared durind the 3rd month of life (Figure 6).

A mosaic activating GNAS gene mutation was found on DNA extracted from blodd ans the adrenals.



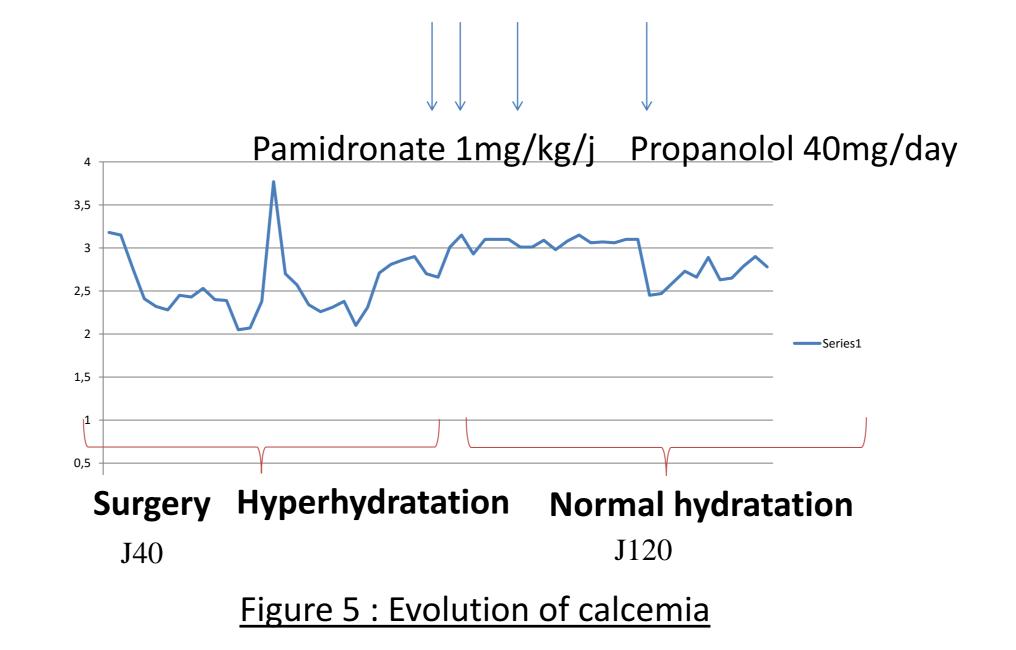




Figure 6 : Large café-au-lait spots

Conclusion:

Although the interpretation of mosaic multi-organ involvment is difficult in a sick baby, current disease evolution supports the efficacy of propanolol to control diverse aspects of Gs-alpha hyperactivity.









