

Reference Values of Automated Bone Age and Bone Health Index for Mexican Children and Adolescents

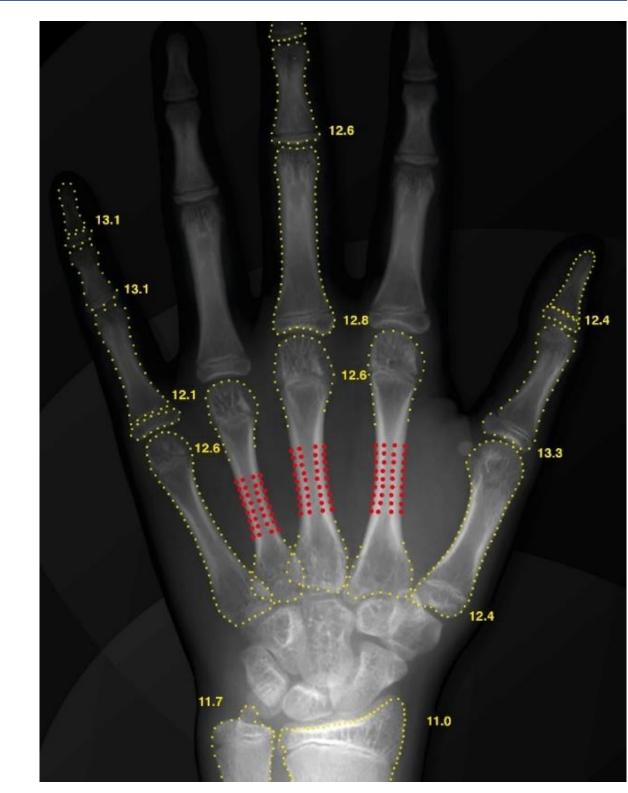


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INTRODUCTION. BoneXpert is a software for automated measurement of bone age (**BA**) and bone health index (**BHI**) by radiogrammetry. It also includes an adult height prediction model (**AHP**).¹⁻³ The precision error (repeatablility) of the software for **BA** measure is much smaller than the human rating error and the accuracy relative to the human routine ratings is 0.70-0.80 years. Differences in skeletal maturation between ethnicities have been reported, so it is important to have specific references for the local population.

OBJECTIVE. To present **BA** and **BHI** reference curves for Mexican children and adolescents and the possible utility of the **AHP** in this population.

METHODS. We conducted a prospective, cross-sectional study. We included 915 healthy children of Mexico City's metropolitan area between 2017 and 2018 (range 5 to 18 years). Participants were measured by trained staff. A hand PA radiography was taken and analyzed using BoneXpert software to determine automated BA and BHI. Local Committee Approval HIM 2017-058.



RESULTS

BONE AGE

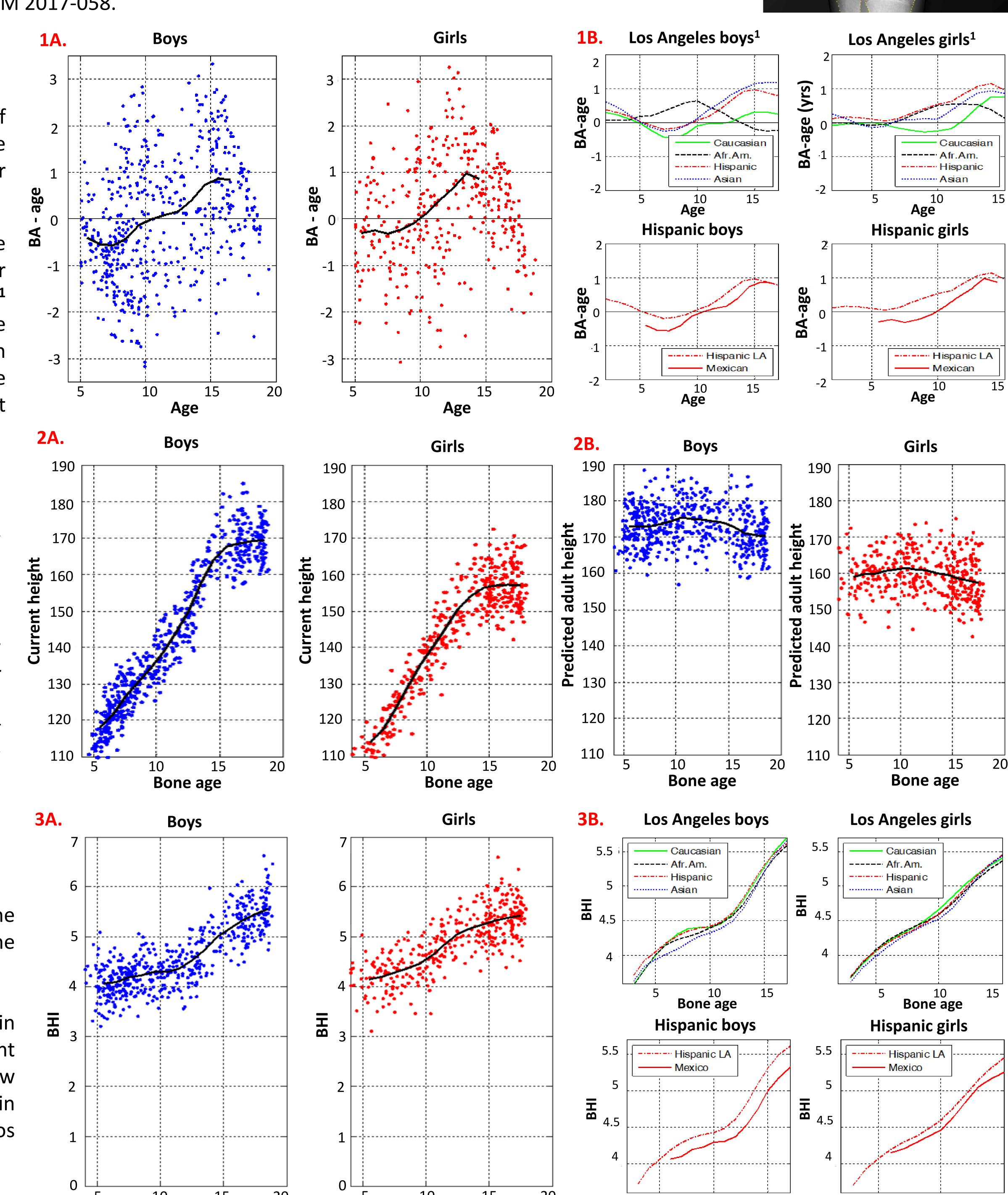
- 1A. Automated BA minus age of Mexican children. The black curve represent the average in 3 year intervals.
- **1B.** Top plots show the average automated **BA** minus age in four ethnicities in Los Angeles.¹ Bottom plots show the comparison between Hispanics in Los Angeles (dash lines) and the Mexican children of the present study (solid lines).

ADULT HEIGHT PREDICTION

- 2A. Height as a function of **BA** by gender.
- **2B.** BoneXpert's **AHP** model as a function of **BA** by gender (overestimation around 4 cm for males and 2.5 cm for females in prepubertals, if we assume that the average adult height is unchanged over time).

BONE HEALTH INDEX

- **3A. BHI** as a function of **BA**. The solid curves represents the average of **BHI**.
- **3B.** Top plots shows an increase in **BHI** according to **BA** in different ethnic groups. Bottom plots show a lower BHI in Mexicans in comparison with Hispanics in Los Angeles.



CONCLUSIONS. Mexican children have an acceleration in **BA** that causes an advance of about 1 year at the end of puberty and it seems than BoneXpert's **AHP** model overestimate the adult height in this population. In addition, the **BHI** of Mexican children is lower than other populations mainly at the end of puberty. Longitudinal studies, from childhood until the end of puberty, are required to confirm and evaluate the clinical implications of this observations.

Bone age

REFERENCES. ¹Thodberg HH, Sävendahl L. Validation and Reference Values of Automated Bone Age Determination for Four Ethnicities. Acad Radiol 2010;17:142. ²Thodberg HH, et al. Validation of bone age methods by their ability to predict adult height. Horm Res Paediatr 2010;74:15-22. ³Thodberg HH, et al. A paediatric bone index derived by automated radiogrammetry. *Osteoporos Int*. 2010; 21: 1391-400.

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DISCLOSURE. We have nothing to declare for this study.

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