

# Familial Neurohypophyseal Diabetes Insipidus in 13 kindreds and 2 Novel Mutations in the Vasopressin Gene



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## **BACKGROUND** and AIM

Autosomal dominant neurohypophyseal diabetes insipidus (adNDI) is caused by arginine vasopressin (AVP) deficiency resulting from mutations in the AVP-NPII gene encoding the AVP preprohormone. Aim: To describe the clinical and molecular features of Italian unrelated families with central Diabetes Insipidus (CDI).

## **SUBJECTS and METHODS**

We analyzed AVP-NPII gene in 13 families in whom CDI appeared to be segregating (Figure 1).

• No clear genotype-phenotype correlation has been observed, except for the c.55 G>A (p.Ala19Thr) mutation, which led to a later onset of disease (median age 120 months).

Figure 3. Sequencing chromatograms obtained by automated dyeterminator sequencing of the AVP-NPII gene in the affected subjects



![](_page_0_Figure_12.jpeg)

![](_page_0_Figure_13.jpeg)

Patients with genetic diagnosis are indicated by the arrows

## RESULTS

- n=22 patients were found to carry a pathogenic AVP-NPII gene mutation (Table 1);
- n=2 novel c.173 G>C (p.Cys58Ser), c.215 C>A (p.Ala72Glu) missense mutations and additional n=8 different mutations previously described were identified; n=9 were missense and n=1 non sense mutation;
- median age at CDI onset was 32.5 months with a variability within the same mutation (3 to 360 months).

- Brain magnetic resonance imaging (MRI) revealed absence of posterior pituitary hyperintensity in 8 out of 15 subjects, hypointense signal in 4 and normal signal in 2 (Table 2).
- Follow-up MRI showed the disappearance of the posterior pituitary hyperintensity after 6 years in one case (Fig.4).

### Table 2. MRI findings in the subjects with AVP-NPII gene mutations

Families	Members	Anterior Pituitary	Pituitary Stalk	Posterior Pituitary
				Signal
1A	Index-case III1	Normal	Normal	Undetectable
2B	Index-case II1	Normal	Normal	Undetectable
3C	Index-case IV1	Hypoplasia	Normal	Undetectable
	Mother- III2	Normal	Normal	Undetectable
4D	Index-case III3	Normal	Normal	Normal
	Sister III4	Normal	Normal	Hypointense
5E	Index-case IV1	Hypoplasia	Normal	Normal
	Index-case MRI follow-up	Hypoplasia	Normal	Undetectable
6F	Index-case IV2	Normal	Normal	Hypointense
	Brother IV1	Normal	Normal	Undetectable
	Mother III2	Empty sella	Normal	Hypointense
7G	Index-case	Normal	Normal	Hypointense
8H	Index-case II1	Normal	Normal	Undetectable
11K	Index-case	Normal	Normal	Not available
12 L	Index-case	Normal	Normal	Hypointense
13M	Index-case	Normal	Normal	Undetectable

#### Table 1. Available Age of onset in index-cases and family members of our families and AVP mutations detected in 22 subjects

Families	Age of onset	Mutation/Exon
	(months)	
Family A: index-case	32	c.164C>T – (p.Pro55Leu)
Family A: father	nd	c.164C>T – (p.Pro55Leu)
		Exon II
Family B: index-case	30	c.322G>T – (p.Glu108X)
Family B : father	72	ExonII
Family C: index-case	16	c.287 G>A – (p.Gly96Asp)
Family C: index-case	12	c.287 G>A – (p.Gly96Asp)
Family C: mother	24	c.287 G>A – (p.Gly96Asp)
Family C: grandmother	360	c.287 G>A – (p.Gly96Asp)
		ExonII
Family D: index-case	33	c.164C>T – (p.Pro55Leu)
Family D: sister	22	ExonII
Family E: index-case	24	c.56C>T (p.Ala19Val)
Family E: father	18	c.56C>T (p.Ala19Val)
		Exon I
Family F: index-case	36	c.287G>T – (p.Gly96Val)
Family F: brother	36	ExonII
Family F: mother	72	
Family G; index-case	NA (first years of life)	c.262G>C – (p.Gly88Arg)
• · ·	· · · ·	ExonII
Family H: index-case	17	c.160G>C – (p.Gly54Arg)
Family H: index-case	19	c.160G>C – (p.Gly54Arg)
Family H : mother	NA (childhood)	c.160G>C – (p.Gly54Arg)
		ExonII
Family I -index-case	120	c.55G>A - (p.Ala19Thr)
Family I- index-case	120	Exon I
Family J- index-case	120	c.55G>A – (p.Ala19Thr)
		Exon I
Family K- index-case	132	c.55G>A-(p.Ala19Thr)
		Exon I
Family L- index-case	132	c.173 G>C – (p.Cys58Ser)
Family L- brother	120	c.173 G>C – (p.Cys58Ser)
		ExonII
Family M- index-case	3	c.215 C>A – ( p. Ala72Glu)
Family M-father	6	c.215 C>A – ( p. Ala72Glu)
		Exon II

#### Figure 4. Sagittal T1-weighted MRI in patient E.

**A.** Normal anterior pituitary and pituitary stalk size, and normal posterior pituitary hyperintensity (PPI) (white arrow) at the time of first MRI. **B.** Pubertal pituitary hypertrophy, normal pituitary stalk size and decreased signal intensity of the PPI at the age of 13 years (6 years after the first MRI).

![](_page_0_Picture_27.jpeg)

Figure 2. Schematic diagram of the coding regions of the AVP-NPII gene The location and type of mutations associated with familial central diabetes insipidus identified in our cohort are represented and indicated by the arrows.

![](_page_0_Figure_29.jpeg)

Pituitary, neuroendocrinology and puberty

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## CONCLUSIONS

adNDI is a progressive disease with a variable age of onset. Molecular analysis of AVP-NPII gene and counseling should be provided in selected cases to avoid unnecessary investigations and to ensure an early and adequate treatment.

#### References

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- Di lorgi et al, Best Pract Res Clin Endocrinol Metab 2015
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- Rutishauser et al, Best Pract Res Clin Endocrinol Metab 2016

![](_page_0_Picture_40.jpeg)

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