Targeted next-generation sequencing for congenital hypothyroidism with positive neonatal TSH screening results

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Introduction

Congenital hypothyroidism (CH) is mostly detected with neonatal newborn screening (NBS). CH is the most common neonatal endocrine disorder, however the molecular etiology is sill poorly understood, considering pathogenic variations in candidate genes have been found only in 10-20 % of CH.

Subjetcs / Method

Subjects Number (male; female) **168** (75; 93) Age (yr) **9.0** (0.2-26.2)* NBS-TSH (μIU/mL) **15.6** (1.1-275.3)* NBS-FT4 (ng/mL) **1.59** (0.11-3.32)*

22 (7-2301)*

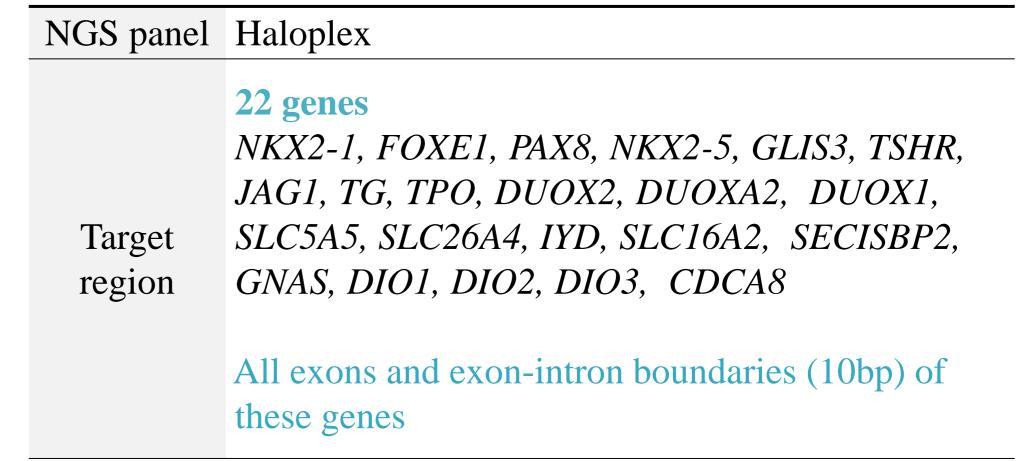
6.3 (1.9-15.6)*

* median (range)

Disease-type diagnosis

Dyshormono-Disease-type Dysgenesis genesis undiagnosis 31.5 % 19.0 % 49.4 % Total (N=32)(N=83)(N=53)(N=168)Ectopic Agenesis 21.9 % 59.4 % (N=19)(N=7)Hemiagenesis Hypogenesis 15.6 % (N=5) 3.1 % (N=1)

Targeted next-generation sequencing



- * Called variants were confirmed by Sanger sequence.
- * In silico tools (polyphen-2, SIFT, M-CAP) were used for interpretation of variants.
- * All available parents were performed with Sanger sequencing of the patient's variants.

Results 1

Single gene disorders

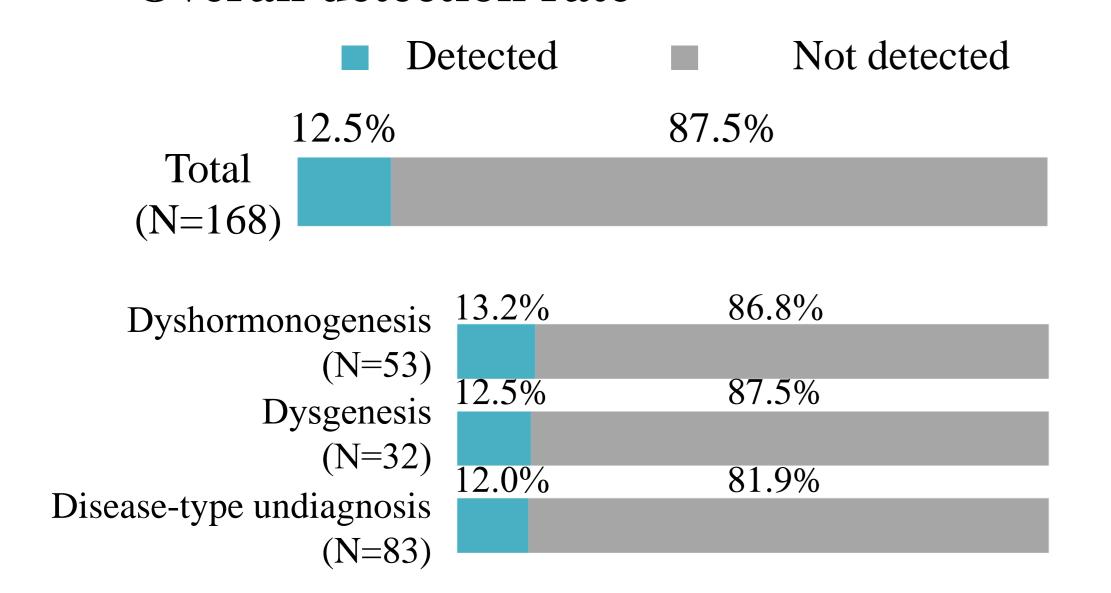
- A single gene known as candidate genes of CH
- Autosomal dominant or autosomal recessive

Overall detection rate

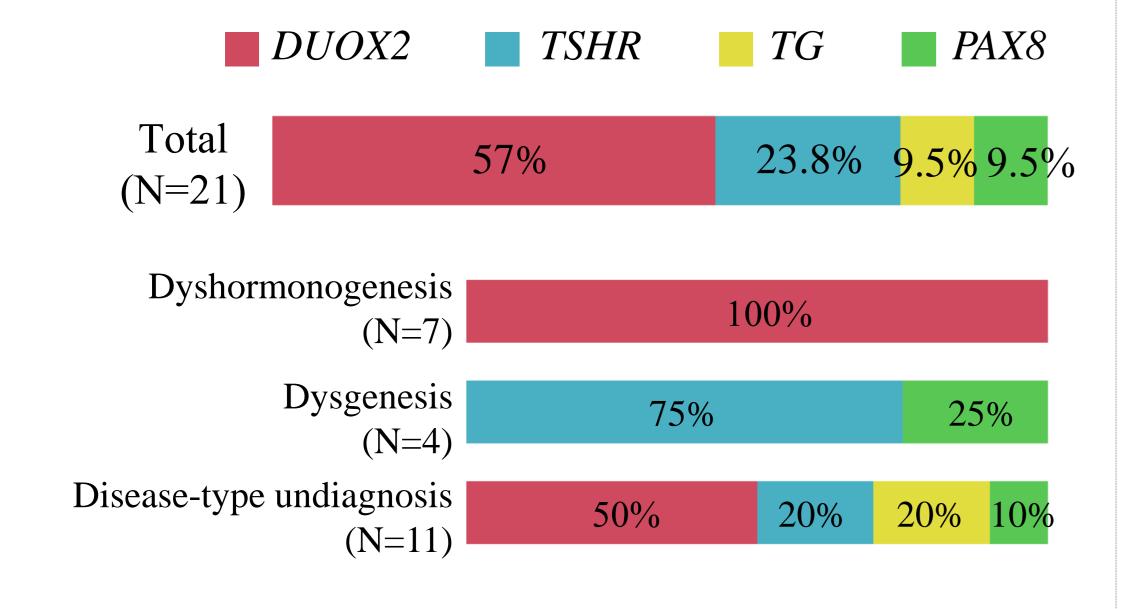
Age for starting LT4 (days)

Dose of staritng LT4

 $(\mu g/kg)$



Detected genes



Results 2

Oligogenic inheritance

• Patients found to carry two or more heterozygous pathogenic variants in different CH candidate genes

Detection rate

Total

(N=168)

Disease-type undiagnosis

12.5% / 5.4%

Dyshormonogenesis 13.2% / 7.5%

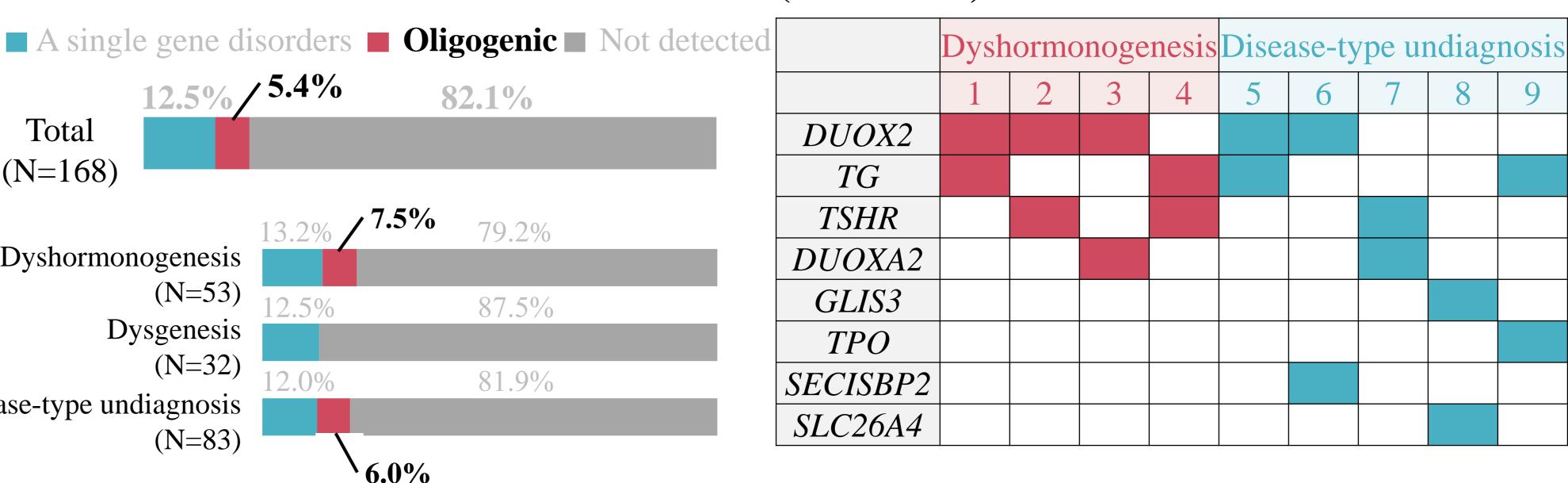
(N=53)

(N=32)

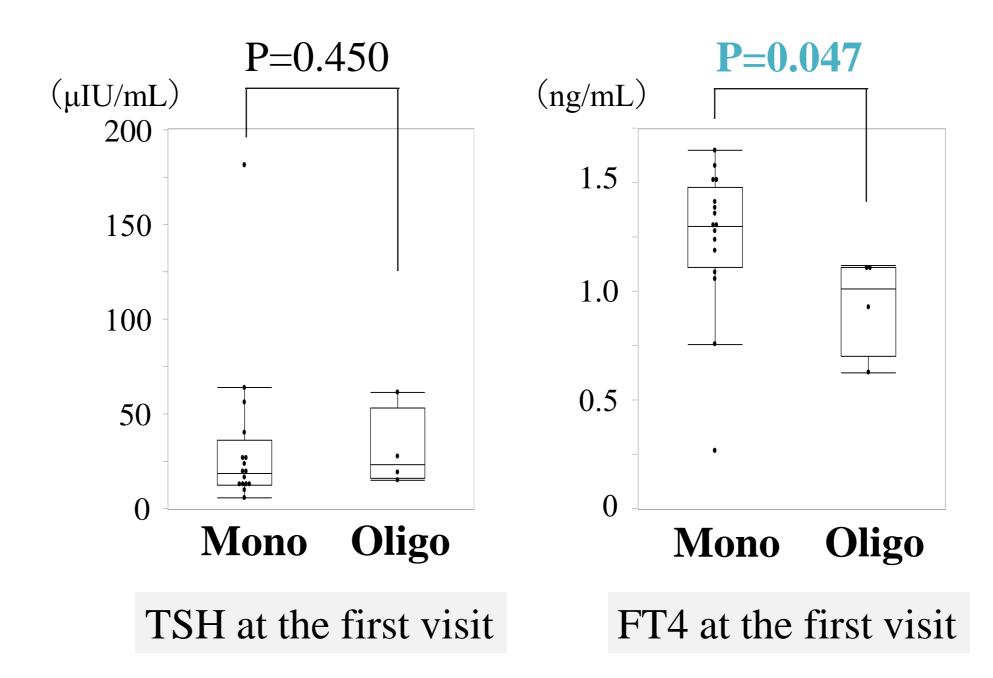
(N=83)

Dysgenesis

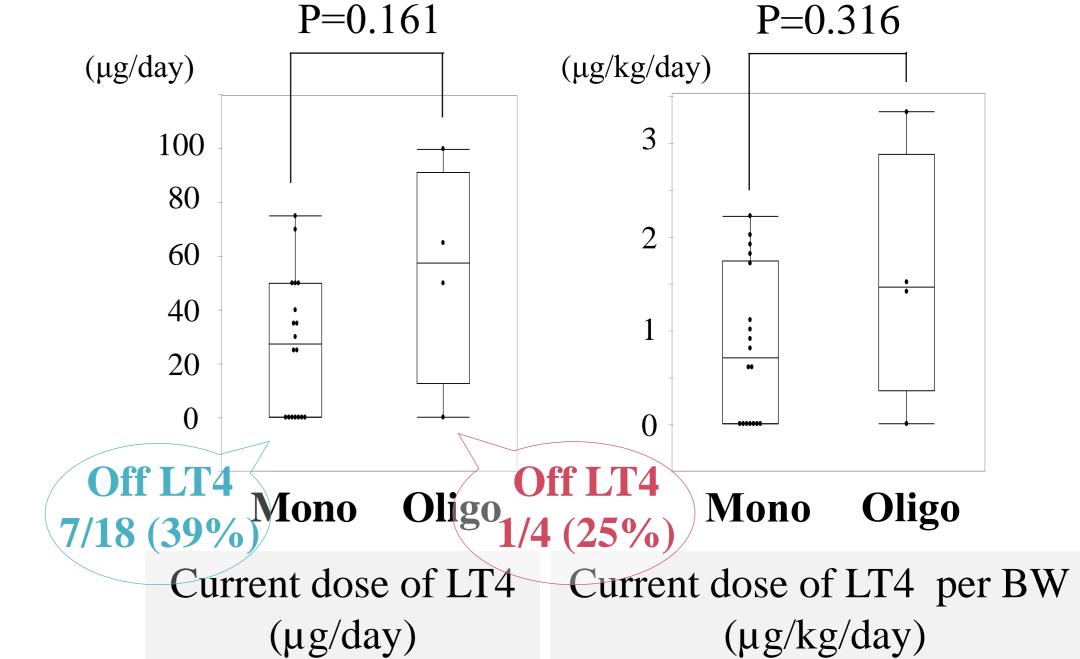
Mutated genes detected hetelozygously (nine cases)



Monogenic (carrying one mutation) vs Oligogenic (carrying two or more mutations)



6.0%



Discussions / Conclusions

- ✓ The overall detection rate of NGS was 12.5 % of single gene disorders in NBS-positive CH, which is similar result as previously reported.
- ✓ Moreover, our study showed 5.4 % in CH patients having oligogenic defects, and the number of carrying mutations tended to correlate with CH severity.
- ✓ The role of oligogenicity in etiology of CH remains unclear, however it is reported that frequent occurrence of several mutations in two or more candidate genes suggest the contribution of oligogenic variants.
- ✓ The systematic NGS analysis is useful in determining an underlying moleculer etiology of CH.

References

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Rapid Free Comunitations 9-1, Targeted next-generation sequencing for congenital hypothyroidism with positive neonatal TSH screening results, Takeshi Yamaguchi







