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## Background

- Certain genetic defects in the growth hormone(GH)/insulin-like growth factor-1 (IGF-1) axis are associated with severe primary IGF-1 deficiency (SPIGFD) and short stature<sup>1,2</sup>
  - For example in the *GHR*, *STAT5B*, *IGF1* and *IGFALS* genes, and in the *GH* gene causing anti-GH antibodies.<sup>3</sup>
- In Europe, SPIGFD is defined as height standard deviation score (SDS) of -3 or less and IGF-1 levels below the 2.5<sup>th</sup> percentile for age and sex, GH sufficiency and the exclusion of secondary forms of IGF-1 deficiency.<sup>1,4</sup>
- Diagnosis is currently based on clinical and biochemical features; however, the detection of genetic defects may improve the diagnostic journey and clinical management of SPIGFD.
- Mecasermin (Increlex®) is a recombinant human IGF-1 (rhIGF-1) therapy that stimulates linear growth in children with SPIGFD and improves adult height.<sup>4,5</sup>

## Objective

To describe the characteristics of children and adolescents with growth deficiency enrolled in the European Increlex® Growth Forum Database (Eu-IGFD; Increlex®) registry according to reported genetic defects.

## Methods

- The Eu-IGFD registry is an ongoing, multicentre, open-label, observational study established to monitor the safety and effectiveness of rhIGF-1 therapy in patients with SPIGFD (NCT00903110).<sup>1</sup>
- Patients aged 2–18 years with growth deficiencies, initiating or currently receiving rhIGF-1 therapy and not participating in a clinical trial were eligible for enrolment.
- This complementary analysis describes Baseline characteristics, demographics and reported genetic testing in patients enrolled from December 2008 to 13 May 2019.
- This analysis assessed three subgroups of patients:
  - Those reported to have had genetic testing with ≥1 reported genetic abnormality
  - Those reported to have had genetic testing with no reported genetic abnormalities
  - Those not reported to have had genetic testing.
- Descriptive statistics were used to report the results of genetic tests, patient demographics and characteristics, and safety data. Where applicable, statistical significance was evaluated using the t-test and the Chi-square test.

**Table 1. Results of genetic tests in patients with ≥1 detected genetic abnormality in the enrolled population**

	Patients with ≥1 reported genetic abnormality (n=56)
<i>GH</i> (with anti-GH antibodies), n	8
Abnormality present, n (%)	7 (87.5)
<i>IGF1</i> , n	5
Abnormality present, n (%)	4 (80.0)
<i>GHR</i> ,* n	43
Abnormality present, n (%)	42 (97.7)
<i>STAT5B</i> , n	4
Abnormality present, n (%)	2 (50.0)
<i>IGFALS</i> , n	3
Abnormality present, n (%)	1 (33.3)
<i>SHOX</i> , n	2
Abnormality present, n (%)	1 (50.0)
<i>PTPN11</i> , n	3
Abnormality present, n (%)	2 (66.7)

Abnormalities in genes "classically" associated with SPIGFD: *GH*, *IGF1*, *GHR*, *STAT5B*, *IGFALS*; abnormalities in genes not "classically" associated with SPIGFD: *SHOX*, *PTPN11*. \*All patients with a *GHR* abnormality had a diagnosis of Laron syndrome.

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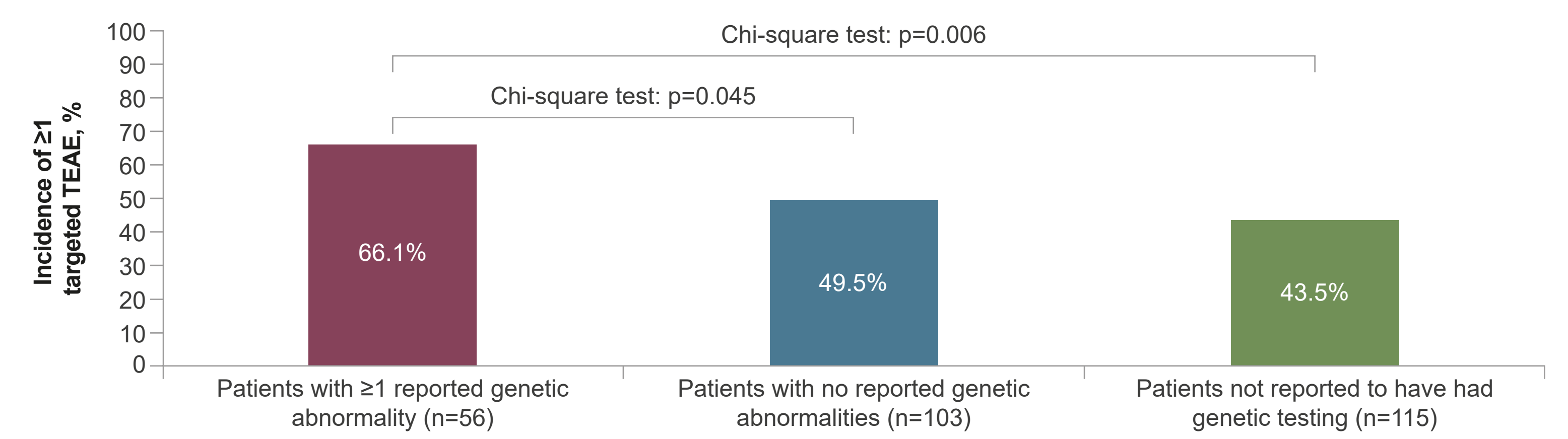
## TAKE-HOME MESSAGE

Genetic tests could help to explore some of the causes of short stature; further detection of genetic defects may support the diagnosis of SPIGFD and improve clinical management.

**Table 2. Demographics and characteristics of the enrolled population according to genetic test status**

	Patients with ≥1 reported genetic abnormality (n=56)	Patients with no reported genetic abnormalities (n=105)	Patients not reported to have had genetic testing (n=117)
Birth length, cm			
n	37	91	99
Mean (SD)	46.1 (4.3)	47.2 (4.1)	49.6 (3.7)
Median (range)	46.5 (33.0, 53.0)	48.0 (26.2, 53.0)	50.0 (38.5, 59.0)
Age at first rhIGF-1 intake			
n	56	105	117
Mean (SD)	9.2 (5.1)	9.0 (4.0)	10.0 (3.7)
Median (range)	8.9 (0, 19)	9.2 (2, 16)	10.2 (3, 17)
Height SDS at first rhIGF-1 intake			
n	48	98	102
Mean (SD)	-4.68 (1.74)	-3.78 (1.17)	-3.37 (1.07)
95% CI	(-5.18, -4.17)	(-4.01, -3.55)	(-3.58, -3.16)
Height velocity prior to first rhIGF-1 intake, cm/year			
n	32	60	57
Mean (SD)	4.9 (1.3)	4.7 (1.8)	4.5 (1.9)
Median (range)	4.9 (1.9, 7.5)	4.6 (1.3, 10.6)	4.5 (0.5, 8.0)
Naive prepubertal at first rhIGF-1 intake			
n	55	102	113
Yes, n (%)	27 (49.1)	61 (59.8)	73 (64.6)
Reported diagnosis of SPIGFD			
n	56	105	117
Yes, n (%)	51 (91.1)	86 (81.9)	105 (89.7)

**Figure 1. Incidence of at least one targeted (serious and non-serious) TEAE according to genetic test status within the safety population**



The Safety Population included all patients who received at least one rhIGF-1 injection and had at least one follow-up visit or post-study safety data; 3 patients were excluded as the status of genetic testing was unclear (N=274). Targeted TEAEs were defined in the study protocol.

## CONCLUSIONS

- Genetic testing was reported as performed for >50% of patients in the Eu-IGFD registry.
- Patients with reported genetic abnormalities had shorter stature at first rhIGF-1 dose and had more targeted TEAEs than those without reported genetic abnormalities.

## Results

### Patient enrolment and disposition

- At the time of analysis, 281 patients were enrolled at 118 sites; 3 patients were excluded as the status of genetic testing was unclear (enrolled population: N=278).
- Of the enrolled population, at least one genetic test was performed in 57.9% (161/278) of patients.
- Among those reported to have had genetic testing:
  - ≥1 genetic abnormality was reported in 34.8% (56/161), of whom 96.4% (54/56) had ≥1 genetic abnormality classically associated with SPIGFD (**Table 1**)
    - Genetic testing of 2/54 patients showed ≥2 abnormalities; mutation/deletion in *GH* and *IGF1* genes and mutation/deletion in *GHR*, *GH* and *SHOX* genes, respectively
    - No genetic abnormalities were reported in 65.2% (105/161).
- A total of 42.1% (117/278) of patients were not reported to have had genetic testing.

### Demographics and characteristics

- Patients with ≥1 reported genetic abnormality had lower mean height SDS at first rhIGF-1 intake versus patients without abnormalities (t-test: p=0.002) and those not reported to have had genetic testing (t-test: p<0.001; **Table 2**).
- No other differences in demographic characteristics were found; notably, the majority of patients were diagnosed with SPIGFD (**Table 2**).

### Safety

- Patients with ≥1 reported genetic abnormality had the highest incidences of targeted treatment-emergent adverse events (TEAEs; **Figure 1**); the most common targeted TEAE among the three groups was hypoglycaemia (**Table 3**).
- As of 13 May 2019, 2 cases of serious malignant neoplasms were reported in 2 patients and 6 cases of non-serious benign neoplasms were reported in 6 patients.

**Table 3. Targeted (serious and non-serious) TEAEs according to genetic test status within the safety population**

	Patients with ≥1 reported genetic abnormality (n=56)	Patients with no reported genetic abnormalities (n=103)	Patients not reported to have had genetic testing (n=115)
Patients presenting ≥1 targeted (serious and non-serious) TEAE, n (%)	37 (66.1)	51 (49.5)	50 (43.5)
Hypoglycaemia, n (%)	20 (35.7)	29 (28.2)	19 (16.5)
Lipohypertrophy, n (%)	9 (16.1)	9 (8.7)	14 (12.2)
Headache, n (%)	8 (14.3)	11 (10.7)	13 (11.3)
General disorders and injection site reactions,* n (%)	5 (8.9)	11 (10.7)	9 (7.8)
Tonsillar hypertrophy, n (%)	9 (16.1)	9 (8.7)	7 (6.1)
Otitis media, n (%)	6 (10.7)	8 (7.8)	7 (6.1)
Acromegaly,* n (%)	5 (8.9)	1 (1.0)	5 (4.3)
Deafness, n (%)	3 (5.4)	2 (1.9)	3 (2.6)
Steep apnoea syndrome, n(%)	3 (5.4)	4 (3.9)	0
Myalgia, n (%)	2 (3.6)	1 (1.0)	1 (0.9)
Gynaecomastia, n (%)	1 (1.8)	0	2 (1.7)
Papilloedema, n (%)	0	0	2 (1.7)
Intracranial pressure increased, n (%)	0	1 (1.0)	0
Urticaria, n (%)	0	1 (1.0)	0

All data are reported as of 13 May 2019. The Safety Population included all patients who received at least one rhIGF-1 injection and had at least one follow-up visit or post-study safety data; 3 patients were excluded as the status of genetic testing was unclear (N=274). Targeted TEAEs were defined in the study protocol. \*Includes oedema and injection site atrophy, bruising, erythema, extravasation, haematoma, hypersensitivity, induration, inflammation, irritation, pain, pruritus, rash, reaction and swelling; †Acromegaly refers to acromegalic dysmorphic features.

### Abbreviations

cm: centimetre; Eu-IGFD: European Increlex® Growth Forum Database; GH: growth hormone; GHR: growth hormone receptor; IGF-1: insulin like growth factor-1; IGFALS: insulin like growth factor binding protein acid labile subunit; PTPN11: protein tyrosine phosphate non-receptor type 11; rhIGF-1: recombinant human insulin-like growth factor-1; SD: standard deviation; SDS: standard deviation score; SHOX: short stature homeobox gene; SPIGFD: severe primary insulin-like growth factor-1 deficiency; STAT5B: signal transducer and activator of transcription 5B; TEAE: treatment emergent adverse event.

### References

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